

St Paul's Church of England Primary School



"Don't let anyone look down on you because you are young but set an example for the believers in speech; in conduct; in love; in faith and in purity."

(1 Timothy 4:12)

Subject: DT Year group: 5 Term: Autumn 2 Title: Food, Glorious food!

What should I know?

- How to research the needs of the user
- How to develop more than one design and decide which one to develop
- How to measure and weigh food items
- How to select from a range of tools for cutting, shaping, joining and finishing and use these with accuracy
- How to select from ingredients according to their functional properties
- How to analyse the taste, texture, smell and appearance of a range of foods

 Tooks

 How to analyse the taste, texture, smell texture, smell
- How to follow

Facts I will learn ...

- Where and how ingredients are grown and processed
- How food products are prepared taking into account the properties of ingredients and sensory characteristics
- The rules for working safely and hygienically with food using a range of cooking techniques
- The names of influential chefs that share their recipe ideas online



Key questions ...

- What foods are important for a healthy diet and as part of Eatwell plate?
- How healthy/unhealthy are the food items?
- What do these different food items taste, smell and look like?
- What is their texture?
- Could we alter the appearance by finishing the food differently?



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| instr | uctions | /recipes |

• How to join and combine a range of ingredients

Key Skills...

- To record and sketch model ideas using annotated diagrams
- To list tools needed before starting the activity
- To devise step by step plans which can be read/followed by someone else
- To produce detailed lists of ingredients
- To select from and use a wide range of tools/ingredients
- To identify the strengths and weaknesses of their design ideas.
- To prepare food products taking into account the properties of ingredients and sensory characteristics
- To weigh and measure ingredients using scales

Experiences that school will provide:

• A visit to a local restaurant



| Key vocab | Definition | |
|------------|---------------------------|--|
| | | |
| Ingredient | One of the parts of a | |
| S | mixture. | |
| Properties | A quality that something | |
| | is known by; A | |
| | characteristic. | |
| Sensory | Of or pertaining to the | |
| | senses. | |
| Weigh | To measure the weight of | |
| | by using a scale. | |
| Texture | The feel or look of a | |
| | surface. | |
| Recipe | A list of ingredients and | |
| | instructions for making a | |
| | food dish. | |

To work safely and hygienically using a range of cooking techniques

Web links

https://www.bbcgoodfood.com/ recipes/collection/kids-pizza

https://www.tasteofhome.com/ collection/easy-recipes-for-kids-tomake-by-themselves/

Experiences that could be provided at home...

- Look at a recipe book and identify the ingredients and tools needed
- Cook a healthy meal at home