

St Paul's Church of England Primary School



the resource is not depleted or permanently

"Don't let anyone look down on you because you are young but set an example for the believers in speech; in conduct; in love; in faith and in purity."

(1 Timothy 4:12)

Subject: DT	Year group: 6 Term: Spring 1	Title:	Heroes and Villains
What should I know?	Facts I will learn	K	ey questions
 How to devise step by step plans which can be read/followed by someone else How to produce detailed lists of ingredients How to select from and use a wide range of tools/ingredients How to identify the strengths and weaknesses of their design ideas How to prepare food products taking into account the properties of ingredients and sensory characteristics How to weigh and measure ingredients using scales 	 The needs of the user and how these can be considered when making a product Understand what sustainability is The importance of a healthy diet and an awareness of the Eatwell plate Understand and consider the influence of chefs e.g. Jamie Oliver and Hugh Fearnley-Whittingstall 	 Does the meal match the Eatwell plate? Is there a balance of food groups? Does the meal look attractive? Would primary school children choose this meal? What could you do to make it more attractive to a child? THE EATWELL PLATE A guide to the right balance of the five main food groups Fruit & Veg Garbs & Storches Dairy Protein Sugars & Fals Sugars & Fals	
Key Skills	Experiences that school will provide:	Key vocab	Definition
To devise step by step plans which		Sustainabl	Of or related to a
		Sustainabi	method of managing or
			using a resource so that

- can be read/followed by someone else
- To use researched information to inform decisions
- To produce detailed lists of ingredients and tools/utensils
- To research and evaluate existing products (including book and web based research)
- To weigh and measure using weighing scales
- To select and prepare foods for a particular purpose
- To work safely and hygienically using a range of cooking techniques

 | COOKBOOK | C

• A visit to a local market



Web links

https://www.jamieoliver.com/features/ category/get-kids-cooking/

https://www.theguardian.com/ lifeandstyle/2010/jul/31/children-cooking-

Experiences that could be provided at home...

- Discuss family recipes and favourite meals
- Cook a family meal at home

recipes-fearnley-whittingstall	