

Miss Houghton's top tips for homework

1. Do it as early as possible, this gets the job done and out of the way then you can enjoy your own time. Each person is different, but I would try and get homework done between 4.00-5.00. As a rough guide I would do 20 mins of reading with an adult asking questions, 10 minutes spelling practise using different strategies, 10 minutes timetable practise and 20 minutes for weekly homework task.

2. Have a healthy snack and drink. Eating something healthy and making sure you have plenty of fluid makes you less tired and your brain sharp.

3. Find a quiet space, ideally at a table or desk where you can sit comfortably. Try to have no distractions such as a television as this will make the homework feel longer. However, some people find it easier to concentrate with music on.

4. Set a timer. If you set a timer for the amount of time on the task it will keep you focussed. This works for lots of other things to like cleaning your bedroom.

5. Get a good night's sleep! If you go to bed late, play on devices or watch television this will make you tired throughout the day and it will make you really tired when you need to do your homework.

6. Don't leave it to the last minute! If you don't do your homework and then have to rush it, it won't be your best work. This will not help you remember the skills that you have learnt in class. Follow tip number 1 to overcome this.

7. If you are struggling- get help! This might be from the internet or school website. You might also have a friend in class who you can ask and you can always ask a teacher in plenty of time before it is due in. BUT don't come to a teacher the day your homework is due in and say you didn't know what to do. This links to tip number 6. Make sure you do your homework in plenty of time and if you get stuck, you have time to ask for help.